The Federal Traumatic Brain Injury Program Janie Heppel, Director Health Resources and Services Administration (HRSA) December 10, 2009

#### Civilian TBI in the U.S.

- 90,000 Americans <u>annually</u> sustain a TBI with long-term, sometimes lifelong consequences
- Estimated <u>annual</u> cost is more than \$60 Billion and likely to rise with better detection and increased screening.
- Current prison studies, worldwide, indicate 60-80% have had a TBI prior to prison entry.

#### Federal TBI Program

- Established in 1996, has given grants to 48 States, D.C. & 5 Territories
- To build statewide systems of services and supports for those with TBI & their families (IPG awards)
- 57 grants to State Protection & Advocacy Organizations to preserve rights
- TBI Technical Assistance Center serves grantees and the public

### Serving People in Communities

- Our Program Help To:
- Educate & train staff from key health organizations;
- Connect individuals & families with appropriate and accessible services;
- > Develop eligibility criteria for services;
- > Recommend tools and implement screenings
- Raise awareness where needed-Coaches, Judges, Police, School Nurses, etc.

#### More ways we can help

- Our Protection and Advocacy Grantees provide self-advocacy training and provide legal counsel for civilians and military with TBI
- We serve National Guard and Reserve who wish to bypass MTFs and VA facilities. [ex. 600 pt. client load]
- We educate families of military members about TBI and what to expect

#### Program Impact

- With a \$9 M Annual Budget, we try to help those not getting the help they need, and many, many still are not.
- The 2006 IOM Study of our Program stated:
  "...HRSA's TBI Program has produced
  demonstrable, beneficial change in
  organizational infrastructure and increased the
  visibility of TBI—essential conditions for
  improving TBI service systems."

#### Caregivers and TBI

- Important to our program, and also to the DOD
- DOD Health Board sub-committee to create "A curriculum for caregivers of service members with a TBI"
- Multimedia effort, with interactive pieces
- Had to be friendly and accessible and coordinate well with other media

# A Caregiver's Guide to TBI: The Journey to Recovery

- Module #1: Introduction to TBI
- Module #2: Understanding the Effects of TBI and What You Can Do to Help
- Module #3: Becoming a Family Caregiver for a Service Member/Veteran with TBI
- Module #4: Navigating Services and Benefits

## TBI Technical Assistance Center TBITAC

- NORC TBI TAC Toll Free Number: 1-877-253-2087
- NORC TBI TAC Email: HRSA-TBITAC@norc.org
- TBICS URL: <a href="https://tbitac.norc.org">https://tbitac.norc.org</a>
- To post to the listserv send a message to: <u>TBISERV@list.nih.gov</u>
- At HRSA:

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